

Sunday, October 29, 2017

## Wheel Easy Ride Report 598

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### Medium Ride

Todays Medium ride had 13 takers and, with instructions to split into small groups, Alison lead us to Burn Bridge, up Brackenthwaite Lane, along the B6161 then turning off through Stainburn to Leathley where we paused long enough to take our 1st photograph. It was sunny, if a bit nippy, with wonderful autumn colours in abundance. Soon we were approaching Otley where Alison had to leave us for an appointment. Now 12 we headed through the town and tackled the large hill on the other side. It was steep and some walking and pushing (of bikes) certainly took place. As promised the Cheerful Chilli Cafe was waiting for us at the top of the hill. It was very busy but the service was well organised and we found seats outside. The food was variable and certainly Helen was very disappointed at the size of her 'pie' - see photo! We continued through Bramham then descended Creskeld Lane into Arthington and on to Pool, Castley and Kirby Overblow. This ride was devised by a Wednesday Wanderer and included roads which we rarely use and for many their 1st time on them. Much of the ride was rural and afforded lovely views. The traffic was busy at times, especially going through Pool. 34 miles and 2,696 feet this was a tough medium ride but most of us enjoyed it and plenty of time to chat despite the hills! Thanks to Neil for backmarking.  
Liz Pugh





### **Long Ride**

On a cold but bright and sunny day 13 riders joined Jill for her guided ride to the edge of the North Yorkshire Moors. The route took us through Boroughbridge and on to Sessay where five riders broke away and made it to Ampleforth Abbey tea rooms just before opening time. Orders had been taken and food was on its way when the rest of the group arrived. The food was excellent (especially the huge and delicious sausage sandwiches). Fed and watered, but with some complaining of the dreaded 'café leg syndrome' (ask Dave S for an explanation) the group set off for the long climb up to Yearsley. After this, a breakaway group consisting of Bob, Glyn, Justin, Richard, Geoff and Andy sped away heading towards Easingwold, then Aldwark Bridge, Great Ouseburn, Arkendale, Farnham and Knaresborough eventually arriving in Harrogate at about 15.45pm. I assume that the rest of the group arrived soon after. A most enjoyable day was had by all. 64 miles. Glyn



### **Medium Plus Ride**

13 riders in two groups set off to Fountains Abbey via Little Almscliffe in glorious sunshine. The sky was clear and at it's bluest with barely a cloud to mar the view. It was windier than expected and this made the going a little bit tough. An uneventful ride with everyone enjoying the summery conditions. We decided to use the cafe at Spa as the Visitor Centre was heaving. The usual excellent cakes/ bacon sandwiches were consumed but before we could head home Maris's puncture needed to be sorted. Into the sunshine and sorted in super quick time by the men who know how! Thanks to all for a pleasant ride and lots of chat and to Paul Tindle for stepping in to lead a sub group. 41 pleasant miles Sue Couture



### **Medium Plus Fast Group**

11 slightly -faster medium plussers set off from Hornbeam on a cold but sunny autumn morning . After taking in the great views across from little Almscliff the group headed north into the wind towards Menwith , then right to Birstwith with its very steep descent past the church . After a few more lumpy bits the group arrived at the Deer park and posed for a photograph in front of St Marys church. Catherine and her partner opted to visit Fountains Abbey whilst the remainder headed to the Spa gardens for cheap bacon butties in the sunshine. The run home via Bishop Monkton and Knaresborough was uneventful until Mark T got his recurring hamstring injury which slowed the group down but I for one wasn't complaining. Hope Mark will be able to cycle with us again soon. A great run out on a fantastic day!! 42 miles, 2700 feet of climbing. Julie

