

Sunday, July 26, 2015

## Wheel Easy Ride Report 482

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### Short Ride

A chat at the Hornbeam start cleared the way with all participants wanting to do a bit more than the usual 15 miles on the short ride, or perhaps the temptations of a visit to Sophie's at Hampsthwaite on the return route was the big incentive. So we were soon zipping along to Beckwithshaw and over the moors to Little Almscliff Crag. Unusually it was a tail wind from the east that pushed us along. All ten of us headed up to Menwith Hill and by the front gate where there was little interest in our colourful group as we sailed past the armed guards. Great views from the ridge road led into the long quick descent down to Sophie's. It was packed with about 40 riders from Ilkley CC, but as we arrived they all paid and departed leaving table debris of mountainous proportions. Enlightened self-interest was the reason we chipped in and helped Sophie clear away, and soon coffee, tea and goodies arrived. Scones had to be baked as they had all been consumed by the ravenous Ilkley crowd. A return ride along the Greenway with the welcome sight of lots of youngsters riding with their parents brought us back home before the promised rain. 25 delightful miles! Martin W





### **Medium Ride**

**Riders:** Nine members set off from Hornbeam. We were joined by Paul B at the top of Drury Lane and Nicki and Graham at Kirkby Overblow where unfortunately Al had to return home with a spoken spoke.

**Route:** Hornbeam, Pannal, Kirkby Overblow, Weardley Bank, Eccup reservoir, Wigton Lane, East Keswick, Wetherby. We were supposed to return via Sicklinghall and Kirkby Overblow but due to rain we returned the quickest route along the cycle track and Follifoot.

**Highlights:** An enjoyable route with a few challenges. Great company. Looking at the houses on Wigton Lane and in Linton. Colin for back marking and looking after the group.

**Coffee Stop:** We split up and went to the café of our choice, so everyone was happy. However, one of the group was upset as she didn't get the chocolate cake she promised herself. Thanks everyone for a great morning. Paul



## Castle Howard Touring Day

Weather - typical for July - cloudy with rain from 14.00. Proved correct but warm rain only, merely nuisance value, but enough to enforce a direct return from Easingwold via Aldwark Bridge. Riders - 14 out, 13 in.

Destination - Castle Howard. Alas this was achieved only by Richard P. as the rest of the peloton, Team Leader included, took fright when we discovered somewhat late in the day that it was the Castle Howard Olympic and Half Iron Man Triathlon and we scheduled to be on their route!!

Hasty re-scheduling of pre-lunch stop (C.H Render Car Sales - "Call by and talk to Terry any time. He's always open for business, has a large selection of makes and models ..... Terms and Conditions apply.") and then an extremely leisurely lunch at Terrington Tea Shop and General Store. The triathletes who sped passed us were sporting clothing, bikes and helmets that made one think of Star Wars.

Revised Route -

Knaresborough, Farnham, Ferrensby, Arkendale, G Ouseburn, Aldwark, Tollerton, Huby, Sutton on the Forest, Flaxton, Bulmer, Terrington, Brandsby, Crayke and Easingwold.

Thanks - to all for a good day out, especially the 2 Terrys. Terry C as back marker and Terry B as Senior Route Master. 70+ miles. Sarah C





### **Medium+ Ride**

At Hornbeam this morning, in the medium plus section, were a group of young, fit men and 5 others who decided that we would let the aforementioned speed off ahead of us - we did not see them again! So Andrew, John, Jill and 2 x Liz set off at a more sedate pace through the Showground though some came to a screeching halt when Andrew did his best to throw his phone away! At Knaresborough Jill stopped to have a chat with her adopted uncles then it was on through Arkendale to Ouseburn where Jill had to leave us to be in time for a meeting this afternoon. We posed for a photo before she left which shows the new recommended way of carrying spare clothing, or so Liz F says! A nasty headwind was fighting us all the way to Easingwold but we were in the cafe before 12 enjoying, scones, teacakes and bacon butties. As we headed back through Raskelf to Boroughbridge the looked forward to tailwind seemed to have changed direction but we still made it to Staveley before the rain started. A lovely ride with good company and pleasant scenery. A bit under 50 miles but Andrew was going to ride round the Stray until he reached the magic number! We averaged 13 mph for most of the ride. Liz P



### **Another Medium+ Ride**

I think I'm the only way you'll get the above ride report since I was the closest to being the leader today! I also hope that I've sent it to the correct place; apols if not. Off we go then: With rain forecast around lunchtime, 7 riders set off in quite a hurry for Easingwold. I for one was hoping to get back before the rain started! It was a strangely uneventful ride, with the only point of note being a traffic jam at Aldwark Bridge - good for their business. We made really good time to Easingwold, where we decided to do a loop out to Husthwaite before heading back towards Brafferton, and then on to the cafe at Boroughbridge. Only 3 of us decided to stop there for a quick pit stop, with the other 4 heading straight for home. The good pace continued to Knaresborough where I turned off for Wetherby, with the rain starting about 15 minutes from home - great planning! The round ride to Harrogate would have been around 50 miles and the average speed was 16.1mph, can't complain about that. So, an uneventful ride, but a nice and brisk one, without getting wet!

John



### **Long Ride**

Six riders turned up at the allocated time on Penney Pot Lane. Peter was not able to lead the scheduled long ride and elected to return home, doing the "Beckwith Loop". The forecast poor weather due to arrive at 1.00pm resulted in a less ambitious plan for the day. The idea being a longish morning ride at a brisk pace.

The remaining 5 riders set off for Bolton Abbey via Langbar. A cafe stop was quickly agreed upon as we rode up towards Barden Tower in rather nice sunshine and lovely views. The cafe stop at Strid Wood (made by 10.15am) was enjoyed by all with Dan taking the award for the most calories consumed.

We sped up to Stump Cross via Appletreewick and were quickly at the top of Greenhow. The ride back to Harrogate was into a stiff headwind, unusually from the South East. With all taking turns on the front we were soon back home, making Harrogate by 1.00pm, 10 minutes before the rain started.

50 Miles, A good work out and as usual good company. Martin

