

Sunday, July 7, 2013

Wheel Easy Ride Report 375

Short Ride Report

Short ride to Sophie's.. 11 of us started out from Hornbeam. As usual we waited for every one else to leave then we made our way to the lights on Leeds road by now I think everyone of us were hot and sweaty as the sun was beating down hard, how many of us thought to bring sunblock? not a one is the answer to that. We followed Leadhall lane right to the end and RT up Yew Tree Ln to the round about then a Lt turn towards the squinting cat but waited to regroup at the top before the fastish decent (well fast to us anyway) at the T junction we went right and made for Beckwithshaw & RT into Pot Ln with a regroup at the top of the first hill then cam the slog up to Penny Pot Ln and Burley Bank Rd across the A59 where everyone was told to take care as it can be busy but we were very lucky considering the sunny day it was quite quiet. Now for the best bit a great free wheel down into Hampsthaithe where we all took a seat outside Sophie's for tea, stickies & a photo (all lined up ready to do a turn so who is stepping out to do her bit lol). Time for a split in the group 3 made back to Killinghall and home, the rest made for Clint Bank (wow I didn't realise how steep it was) then we played dodge the pot hole on Hollybank Ln bumped our way through the woods to Ripley and made our way back to Bilton Ln via the Nidderdale way which was much quieter that we expected at Bilton Ln Chris & I carried on to the Iron Bridge, Sarah carried on to Starbeck and all the others headed for the Beryl Burton way as they all lived in that direction. Kev





Medium Ride Report

There were nineteen riders that set off on the medium ride, with a further two joining at Follifoot. Not the best start organized start to a ride when there was some confusion about which parts of the showground were closed off due to the imminent Yorkshire Show. Half ended up doing a short stint on the Wetherby road, whilst the other half did a little cross country through the temporary caravan park. After regrouping we set off on a beautiful flattish ride to Bouroughbridge, on what must have been the hottest day of the year. It is not often that I would complain about lack of wind but a little breeze, to cool off, would have been wonderful. We had a little fun and games snaking across the level crossing at Whixley whilst the man who operates the gates ignored us totally as we dragged bikes forwards and backwards through pedestrian gates. Tea stop in Boroughbridge was much needed, and nice to sit in some shade and partake of some fluids. Then a gentle ride home in time for the tennis. What more can you ask for.....Neil A





Medium Plus Ride Report

Even with alternative attractions on offer, including the Leeds Sky Ride, there were twenty takers for the Medium Plus. Nine of us, including new rider Maurice, left Hornbeam in a slower group, with the temperature already around 20°C. We made good progress to Leathley, at which point William left us, and we turned north towards Farnley. Or, more to the point, towards the bottom of Norwood Edge. Most made it up, but it was too much for me - like an old car, I overheated. We re-grouped at Fewston for coffee, cooled down, and decided what to do. Five carried on, while three of us headed for home via Stainburn. Justin K

The "faster" medium plus group set off, led from the back by Julie, on a fairly hilly, fairly hot and fairly humid ride.

Nick and Stephen did a DOB park diversion to avoid Norwood Edge although only avoided the traffic not the ascent.

We decided not to stop at the Washburn Valley heritage Centre Cafe as we were still feeling fairly fresh so proceeded to the left side of Thruscross via a fairly challenging "double hill" as described by Roger. We diverted across the dam and continued to Darley where we took our well deserved lunchbreak.

It was pointed out that we had shortened the ride by going over the dam but when offered the opportunity to detour further it was politely declined by everyone (something to do with a tennis match - he did play fairly well though. Well done Andy)

When Stephen commented about still being at school and a couple of years into cycling we were all very much impressed by his stamina, speed and incredible will power as it was fairly tough ("fairly hilly" being the very much understated route description).

From Darley we travelled on to Birstwith, Hampstwaite, Killinghall and Knox feeling fairly exhausted but fabulous views all the way so well worth the effort.

Approx 36 miles, 3500 feet of climbing and 2000 calories (according to Mike B).

Julie E

Long Ride Report

Five riders joined me on my first ride as leader and what a lovely day it turned out to be. We headed for the North York Moors on our way to lunch at the wonderful surroundings of Rievaulx Abbey tea rooms where we sat outside to enjoy some top notch pork and apple pies, sandwiches, Welsh Rarebit and various cakes and refreshments. Boy did we need it after the struggle up Boltby Bank to arrive there, Suitably refreshed we headed on towards the White Horse and descended down to Kilburn where the Village fete was in full flow. Needing more refreshments we arrived in Easingwold only to find the place closed! However a kind chap pointed us in the direction of the park where the local brass band was playing and some local ladies had set up stall and were selling tea and home made cakes for £1. Ideal. once again it was time to leave and the

peleton, suitably refuelled, sped back to Harrogate. Many thanks to the team for making it such a wonderful ride. 77 miles, Glyn F



Sky Ride in Leeds

Four of us met in Kirkby Overblow to ride to Castley, Pool and up Creskeld Lane to meet Angela who had plotted the route for us. After delicious cake and refreshments at her house and in increasing heat we went to the start point at Woodhouse Moor. On the way we cycled high up above Leeds with great views in all directions. At the start there was a festival atmosphere with lots of families taking part, enjoying the many activities lined up. The organisers were expecting 10,000 riders to the event. We enjoyed riding traffic free round Leeds before cycling to Meanwood Valley Farm where we had lunch. Angela then led us back to Weardley via the cycle path to Alwoodley and we were home in time to watch Andy! We were glad to support the Leeds Sky Ride and have a good ride on the warmest day of the year so far. 42 miles. Gia

