



Short Ride Report
No short ride today

Medium Ride Report

There were around 60 riders at Hornbeam Park, this number probably due to the extra hour in bed. We had 13 takers for the medium ride with some upgrading from the short ride. John E who was to have led the short ride had a serious puncture problem on his ride in and was unable to lead today (hope it wasn't as bad as the Ilkley job John). The lucky 13 then headed for Kirkby Overblow via Rossett Green and Burn Bridge. Once on the ridge the group split into smaller groups with Sue W backmarking for the run down to Wetherby via Sicklinghall and Linton. This procedure is usually done in case of the road being busy, however today the traffic was light, with a goodly number of cyclists coming the other way. At Wetherby Dennis led a breakaway group of five called team home for roast beef and yorky pud with the exception of Crawford for whom it was tatties and neeps and perhaps Paul B who may have had an elegant breakfast (a C2C in joke). The remaining eight Al, Caroline, Carolyn, Dave P, Glen, Linda, Sue and Sue W entered Morrisons café for caffeine, calories and secure bike parking. After sustenance it was on the Harland Way to Spofforth, Follifoot, the showground and home all in the sunshine, with no wind or rain. Wonderful.! Well done to the medium ride first timers, and many thanks to Sue W for a great job back marking. Miles approx $8 \times 23 = 184$ miles and a guess if Dennis's group went back via the old A1 $5 \times 30 = 150$ miles. Dave Preston

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Medium Plus Touring Pace Ride Report

It was a fabulous mists and mellow fruitfulness day for a bike ride with hardly a breath of wind and the sun breaking through later in the day. As usual we had a big turnout for the Medium Plus and we split into groups to make things safer. I kept company with a "sensible" paced group and clearly they knew their stuff because the ride involved a nice long café stop! Once away from Harrogate and Knaresborough the roads through to Bishop Monkton and Boroughbridge were quiet and a delight. We opted for the laid down plan of trying out the new Farm Park café at Thorpe Underwood which was acceptable with good coffee, and a very different atmosphere as we arrived and left next to a field of Lamas. We then took a minor diversion from the published route skirting the back of Whixley village and cutting through along the deserted lane to Walshford. And so it was home in the sunshine via Little Ribston, Spofforth, and Follifoot. A great ride with 7 in our group, 11 in Gia's group and all covering 45 miles. Martin W

Ten of us made up one of the four groups opting for the medium plus ride out to Boroughbridge and Whixley via Roecliffe. We had a great ride, kept up a good pace and needing a caffeine fix after nearly 20 miles and not wanting to overface the café at Thorpe Underwood we stopped at The Old Foundry. The owner soon sussed out the need to feed and water ten people in reasonably quick time and made big pots of tea, cafetieres of coffee and plates of toasted tea bread. Take note Farm Shop Beningborough! We completed the rest of the ride, picking up Peter B at Little Ribston and it was a treat to enjoy the warm early afternoon sunshine. 45 miles x 10. Gia

Long Ride Report

Amazingly the number of long riders partaking in the ride reached double figures (12). This was mainly due to riders intending to do the Colomba Chemo Classic using the long ride as part of their training for the event. The group set off at a brisk pace and headed for Burnsall via Menwith Hill and Greenhow. By Burnsall the number of riders in the group had dropped to 11. The ride then continued from Burnsall to Embassy, by which time the number had reduced to 9. The main group then continued on to Draughton and now there were only 7 brave souls prepared to take the Silsden hill climbs. The hill climbs out of Silsden towards Menston lived up to their reputation, but given the excellent weather conditions the views were very rewarding. At Otley the leading pair in the group missed the right turn to take the back road through Otley, but they caught up the main group on the way to Castley. The group returned to Harrogate in dribs and drabs and brilliant sunshine. Milage $7 \times 67 = 469$, $2 \times 56 = 112$, $2 \times 60 = 120$, $1 \times 46 = 46$, Grand Total = 747 miles. Peter J

2011 Wheel Easy Miles (approx) Today 1891 YTD 150367



