

Sunday, November 21, 2010

## Wheel Easy Ride Report 239

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Short Ride Report - Dennis's Delightful Deviations  
Dennis nobly led three ladies along the highways and byways apparently never much more than 3 miles away from Harrogate at any given time. Wherever possible, we used cycle paths - Dennis's knowledge of little known ginnels, alleys and pathways is legendary. Via a series of same after the ASDA path, we crossed the A61 into Grainbeck Lane and then right to Killinghall. By turning left beside the school we rode past Caroline's lovely farm before rejoining the A61 and subsequently turning right through Nidd, Scotton, Scriven and thence to Lingerfield and Knaresborough, again taking a series of minor roads and paths. We returned to Harrogate along Barr Lane to Abbey Road and then Forest Moor. Sadly, the pouting and posing at Lingerfield refused to move from the camera to the computer so no photo today. The pace was perfect and Dennis's guidance was much appreciated by the ladies. 20 miles. Sue D

Click on slide show for all today's photos

Medium Ride Report  
Paul R's ride (his 'Medium Minus') took us to the lovely vale of Dob Park, where his work colleague Colette lives. She had very kindly offered to provide us all with tea and coffee, which we enjoyed together with Paul's excellent home made ginger cake in the sunshine on her patio. With Caroline and Max keeping to the 'high road' the 9 of us completed on average around 20 miles, not a great distance but with plenty of testing hills and wonderful views. Malcolm

Medium Ride Touring Pace Report  
Sixteen riders opted for the 35 mile medium plus ride to Pateley Bridge via Beckwithshaw, Penny Pot, Hampsthwaite, Birstwith, Darley Yorke's Folly and returning via Brimham Rocks, Warsill, Ripley Knox.

Paul A and Glyn very kindly offered to lead the group who wanted to cycle at a faster pace leaving ten to spend the morning cycling at a more leisurely pace.

Riding to Hornbeam I was considering an alternative route as I thought no one would want to cycle to Pateley on a day like this! However I really fancied the hills today and decided to stick to the website route. It was a great ride with some good climbs which certainly tested a few of us. Although we were concerned about going down Yorke's Folly we need not have worried. However, I will be off to the bike shop for new brake pads in the morning! We cycled at an average speed of 10.4 miles per hour which is excellent considering the weather and terrain. It would have been less if it had not been for Julie, Bill and Mark who kept the pace going. The views at the top of the climbs were in patches stunning and certainly worth the effort. Terry proved to be the gentleman we know he is by rescuing Julie who nearly fell off her bike. This morning, once again, proved you can enjoy cycling whatever the weather, providing you are warm. It doesn't matter how silly you look providing you can avoid being in the photos! A great 36 miles! Paul T

Medium Plus Fast Ride Report  
 Elected by proxy to be today's ride leader for the hilly trip to Pateley via Yorke's Folly. On what can be typically described as a British wet winter's day we set off for Beckwithshaw and onto Pennypot Lane. At this juncture I had a quick confab with the team on the possibility of heading straight down Pennypot Lane and heading to Darley down past the side of Menwith I felt the A59 junction here is not quite as busy as the one in the "ride guide" and as many of us know Penny Pot is an excellent road for visibility for both cyclists and motorists alike. Well, with best intentions we headed toward Darley and for whatever reason I decided to turn off toward Thornthwaite and do a bit of a "dog leg" to the top of Yorke's Folly!! After a brief photo stop (apologies for the quality via my not so many megapixel Blackberry!) which saw us nearly level with the clouds! We headed down (fingers constantly on the breaks and near on cramp in my hands!) the rather steep incline into Pateley. A rather longer than usual stop was taken, no doubt due to the ride conditions so that extremities could re-heat prior to the second part of the ride. Without incident we managed to climb up to Brimham and the pleasurable descent toward Warsil and finally Ripley, where we split up so two of our team could head home toward Knaresborough and the rest of us through Killinghall and up Knox Lane. I said my goodbyes to the remaining trio and thanked them for a great ride despite the conditions as a hot coffee and hot shower were very much needed!! Many thanks to all, not completely sure of mileage as I forgot to reset my speed prior to setting off!! But I'm guessing on average we probably did 40 miles or so with the added dog legs! Paul A

Long Ride Report  
 A change of route was decided by the ride leader due to the 'dodgy' weather but seven riders still enjoyed the alternative shortened route. Over to Hampsthwaite, then up the testing climb of Clint Bank, we soon arrived at Brimham Rocks. Then down the lovely descent via Warsill we made our way to Fountains Abbey through Studley Park, admiring the many deer on display. We stoked up our reserves with good grub at one of our favourite cafes in Ripon (Spa Gardens) then headed to Boroughbridge via Newby Hall where Chris had a touch of the 'Mark Cavendish' and sprinted off into the distance. We continued on the flatlands via Roecliffe to Bishop Monkton. Here James, Jill and Debs decided to go back to Harrogate via Knaresborough and Phil, Chris, Peter and Geoff decided to test themselves with a couple of climbs up to Markington before all going their separate ways back home. Approximately 55 miles. Geoff

2010	Wheel	Easy	Miles	(approx)	Today	1461	YTD	138546
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