

Sunday, October 24, 2010

Wheel Easy Ride Report 235



Short

Ride

Report

The morning was a bit chilly but the sun shone and to my amazement 13 riders joined me for this lovely short ride to Little Ribston. One of our riders was the youngest we have ever had on a wheel easy ride - well done Callum. We had so many riders that Caroline and myself both agreed that this was too big a group for one leader. Caroline, bless her, feeling under the weather most of the week took a slower pace group - thanks Caroline! It's so good to see the leadership in Wheel Easy working together. Also we had a visitor all the way from Bournemouth up here in Harrogate for four nights - we felt very honoured. So off we went down through the showground to Rudding on to Follifoot, Spofforth. It seemed for me that I'd done a marathon making sure that the flock was all together and to encourage Calum from the back. Little Ribson was the next small stop to round up the flock and chat and on to Knaresborough for another chat at St James Park about the X factor and other TV programmes. Then Abbey Road, Waterside and, yes, coffee stop for some while the rest headed of f up Knaresborough Road. Home, good company and some laughs. Once again, A BIG THANK YOU TO CAROLINE FOR HER HELP. A successful ride and about 15 miles done. Darren

Click on slide show for all today's photos

Medium

Ride

Report

A parky day but bright. 18 chose the medium easy ride to Beningbrough Hall, and after a few miles the cold was forgotten. A formal/informal arrangement was made to separate the group into two to help fellow road users, particularly on the way out of Harrogate to Low Bridge. Then around Hay-a-Park (was I the only one to notice an influx of winter migrants here), up the hill to Farnham and then a steady, easy ride to Beningbrough. Two were lost to a puncture on the way, but caught us up at the caff. Four left at Gt Ouseburn to get back for food, Grands Prix, etc. The Farm Shop cafe seemed to cope well enough for what must have been at least 50 cyclists that morning, including non-WE and a family of four on its way to Brid.

Setting off for a gentle ride back, two departed at Gt Ouseburn, leaving 12 to ride steadily to Spofforth. From there, of course, you've got what you don't want after a longish medium ride - hills. The worst, after 45 miles, is the hill in the showground, reducing a number to pushing. Hornbeam to Hornbeam was 47 miles. Probable total mileage about 770. Paul B

Medium Ride Touring Pace Report
 Blue sky and autumn colours was a great setting for a good ride. We followed the same route as the other medium riders, heading east to Benningbrough. Sixteen riders made for a big group but with a brisk pace and Paul doing back up new briskly reached our destination with only one extremely greasy hiccup. Steve's chain wrapped itself up into a tight ball and had to be man-handled free - shame about his white top!
 At the farm shop coffee stop 4 riders headed by Bill took the longer option of going around through York to make the most of the sunshine. The rest of us headed back via Thorpe Underwood, Wixley and the vintage level crossing on the back lane to Walshford.
 12 x 43 miles plus 4 x 50. MartinW

Medium Plus Ride Report
 As the medium plus in the lycra so tight
 Heeded the Chair to set off faster than light
 They set out Sunday
 In a relative way
 And returned the previous night
 And so it was... with the Chairman's blast of war blowing in our ears, we imitated the action of the tiger; stiffened the sinews, and summoned the blood, standing like greyhounds in the slips, Straining upon the start: Followed our spirit, and upon this charge cried 'Away for Wheel Easy, Beningbrough Hall and a cherry scone! But 'twas not to be, the scones were not baked through (where is King Alfred when you need him!) However, with this the only quibble of the day, we mamils, had a great ride mounting up a rollicking 16.3 mph ave speed.
 8 x 46 miles =368 miles for the cohort William

Long Ride Report
 Originally I had not expected to be able to make the ride this week and I was surprised to find, on arrival at Hornbeam, that I was the designated ride leader. I drew an old favourite out of the ride list and plumped for a run to Masham via Lofthouse. Surprisingly only 4 people decided to join me for what turned out to be a marvellous day for a climb to 420m. This is probably the highest point on the roads of Nidderdale and the clear bright day rewarded us with stupendous views. The OS map names the climb as Trapping Hill but this not a name I've ever heard in use, has anybody else, or is anyone aware another name (a polite one of course)? We had lunch at the usual café in Masham and returned via a slightly circuitous to cover 68 miles at a surprisingly relaxed pace. Thanks to Ed, Eric, Malcolm and Peter for a memorable ride. Phil

2010	Wheel	Easy	Miles	(approx)	Today	2389	YTD	126932
------	-------	------	-------	----------	-------	------	-----	--------

