

Wednesday, December 31, 2008

EG's Ride



At the beginning of the December I set myself the target of cycling another 250 miles to achieve 1750 miles for the year. Its now 31 December so I have only a few hours left to clock up another 29 miles, so I joined the Elderly Gentlemen for my first EG ride, not quite knowing what to expect.

Five of us (Dave P, Dave W, Peter B, Norman and Eric) met at 10am in freezing temperatures at Low Bridge, Knaresborough. Before setting off, Dave P passed round a hip flask containing whisky and Glayva liqueur. Mmmm, I like EGs rides!!! We set off via Copgrove and Bishop Monkton to Ripon where we stopped at the Warehouse (the second Wheel Easy visit in 3 days) to warm ourselves over bowls of soup. Then it's back onto the bikes - but not before Dave P had passed the hip flask round again!

Our next destination was decided on: Boroughbridge. As it's an EG ride we had the obligatory stop there at the conveniences - and Dave passed the hip flask round once more! We returned to Harrogate via Aldborough, Marton-cum-Grafton, Arkendale and Knaresborough. Dave W had commented it was the coldest ride he's been on all year, so I checked the outside temperature when I got home at 2.30pm: it was -4C. Thirty nine miles in sub-zero temperatures - tough guys these EGs! I'd enjoyed the freezing conditions, the company, the hip flask, and I'd also exceeded my target by 10 miles. A memorable end to the cycling year.

New Year's Resolution No 1: must go out with the EGs again in 2009!

Eric

