

Sunday, July 22, 2007

## Wheel Easy! Ride Report No. 64

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On the long ride, twelve riders left Hornbeam Park in light rain in the hope of better weather to come - otherwise they were heading for the clouds at Brimham Rocks and Yorke's Folly!

Heading out through Knaresborough, Farnham, Bishop Monkton and Markington the rain eased and patches of blue started showing, eventually leading to a lovely sunny day. We had a good climb up to Brimham Rocks and then continued to Glasshouses Bridge and enjoyed some super food at the Yorkshire Country Wines café.

Fuel was definitely needed for us to set about the second half of the ride, which included the long and difficult climb up to Guisecliffe, often called "Yorke's Folly". All made the climb but it was tough, and after recovering at the top we enjoyed a fast swoop down to Dacre and Darley, and then finished the day with a climb up to Menwith Hill and back home via Beckwithshaw.

Some statistics for the day - 46 miles, and at least 700 metres of climb (2,300 feet).

### HIGHLIGHTS

- We have now discovered the real reason why Malcolm started Wheel-Easy - this is so he has lots of people to mend his punctures!
- The Wendsleydale cheese at the café seemed to have a magical affect on climbing abilities. Is this on the list of banned drugs on the Tour de France?
- Sue's bottom gear was sorted out without resulting to a pat of butter for additional lubrication.
- Nick - rebuilding the motorbike may have been urgent but you missed a great day. MW

Medium Ride. Once again an excellent turn out considering the weather. No short ride was

forthcoming so a few short riders joined the Medium Ride team. Considering this and the weather the ride was shortened from 26/27 miles to 19/20 miles.

Seventeen riders and 16 bikes set off for Wetherby via the Spofforth cycle path. The tandem left at Wetherby and the 15 of us returned to Harrogate via Kirkby Overblow. Glad to see Dennis`s Grandson with us. This does help to lower the average age as well as make it a family affair. Got back before the rain, feeling smug, but what a surprise, brilliant sun a little later. DP



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## Wheel Easy! Ride Report No. 64 more photos

1. Malcolm "helping" mend his puncture

2 &3. Denis, Malcolm, Gia and Peter atop Yorke's Folly

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