

Sunday, December 3, 2006

## Wheel Easy! Ride Report No. 31

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An impressive turnout of 16 riders met at Hornbeam Park for our usual Sunday ride, on a particularly blustery and showery day. It was good to see a visitor from Lancashire joining us for a ride on the better side of the Pennines!

Ride planning was modified to accommodate the weather and we all set off in the direction of Knaresborough and Wetherby. At Knaresborough some riders wanting a shorter route left the main group and set off back towards home. The remainder carried along the "B" road via Little Ribston and eventually ended up in the Morrisons cafe at Wetherby.

After a refreshment break, the group returned to Harrogate via Spofforth, Follifoot and Ridding Park with bright skies and the wind on our backs.

In all, a total distance of 25 miles, and back home before the bad weather set in as forecast.  
MW

### Short Ride

The short slow easyish riders left the pack at the end of Watergate, Knaresborough. We (Sue and I) then ambled around the back end of Knaresborough past Chain Lane and the main road to Boroughbridge then back home via Beryl Burton's Cycleway and the old railway cycle path to Asda, and finally across the Stray to West End Avenue and St. Georges Road. We were so busy cycling we forgot to stop and have the intended coffee and cakes in Knaresborough and despite strong gale force winds (well a steady breeze) we had a lovely outing. A total of 14 miles in 2 hours-ish?

CG

### Wheel Speedy 9am ride

Three courageous souls braved an early start and windy conditions for the latest "Back in Time for Lunch Ride". 15 easy miles, with the wind on our backs, took us to Aldborough via Arkendale and the Dunsforths. Then followed a similar distance with a gale in our faces back to Harrogate, though judging by the way the wind picked us in the afternoon, we were lucky to be finished early.

Stops were limited to one to mend a puncture and we averaged around 15mph inspite of the conditons.

PD

