

Sunday, March 18, 2018

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Walk Report

Another bitterly cold Sunday and another blank on the bike. However, a quick round of messages saw 6 people up for some exercise in the form of a walk from Killinghall to Sophie's for coffee- so cycling's loss was Sophie's gain.

Having met at Paul's we walked on fairly firm ground with lovely winter views of the Washburn Valley and beyond but there was a biting wind.

The sofa and fire beckoned when we arrived and we enjoyed a coffee and chat before setting off back on a slightly different (and wetter) route and into a biting cold wind.

We were glad when we got back into the village which provided a certain amount of shelter.

Only 4 miles (more for Martin who walked from home) but some exercise is better than none- and we enjoyed the coffee! Kevin D

