

Sunday, September 9, 2012  
**Wheel Easy Ride Report 332**



### The Great Milk Stout Ride

What a lovely morning for a cycle ride. The sun was shining and it was due to get hotter. Just what a summer is all about! This is the first time for me entering 'The Great Milk Stout Ride' and thinking that I was the only one from Wheel Easy I was pleased to see Peter J cycling past me to register as well as a few others. We set off from the showground at Patley Bridge and headed towards Wath, Grantley, Sawley, Bishop Thornton, Shaw Mills, Burnt Yates, Brimham Rocks. At Brimham we saw Mark and his son Callum doing a shorter ride. Well done to you both! It was a very enjoyable ride and thanks to Peter J for giving me a run for my money. Darren

### Short Ride Report

Twelve for the short ride today. A mix of Wheel Easy veterans, graduates of Paul's starter sessions and new members were offered a choice between Sophie's and a longer route to Follifoot, Spofforth, Little Ribston and Knaresborough, and opted for the latter. It was sunny all morning, there were wonderful views either side of Little Ribston, and the Riverside Cafe coped

easily with our large party. Perfect. Many thanks to Kevin for back marking.  
Justin

### Medium Ride Report

For once a good weather forecast more like the summer we would have hoped for, but had seemed to have bypassed us. With fifteen or sixteen takers for the Medium ride, it was split into two groups, for ease of access and safety when travelling through Harrogate. So seven riders headed for Low Bridge, unfortunately Alan had to head back. So six riders continued to Farnham, the downhill freewheeling competition to Occaney was won by Trevor. Losers in this competition can complain that they had poor grease in their bearings or that the winner was overweight or had two bricks in their saddlebag. North to Bishop Monkton and Littlethorpe a short break at the canal bridge before proceeding to Skelton on Ure and Boroughbridge, here Dennis and Trevor left us to return home, but Dave P, Deidre, Malcolm M and Paul B succumbed to the caffeine craving. With the ride leader being in a generous mood, Malcolm M was allowed to choose the cafe of the day, so it was into The Old Forge for a very nice coffee. Returning via Roecliffe and the track to Copgrove Farnham, Lingerfield, round the houses to Kingsley Drive and the Stray. A few extra miles beyond 31, but who cares the weather was too good to waste. Dave P

### Medium Plus Ride Report

Perhaps it was because it was one of the hottest, sunniest days of summer but, whatever the reason, a surprising number of riders joined the 55 mile medium plus ride. A quick sort was in order: A small group of fit-looking fellows agreed to be the fast group and were off in a flash. Gia and Paul announced that they would lead a group back from Askam Bryan via Wetherby, leaving twelve to follow the prescribed route. At Spofforth the group had effectively become two so five of us carried on at a slightly faster pace than the remaining seven. After the run in to York race course I was firmly berated for taking a slightly longer route. This was driven home when, on arriving at the coffee stop at Benningborough Hall, we found the 'slower' group had arrived before us! After basking in the sunshine, sipping tea and coffee, we headed back to Harrogate. Would you believe that when we were splattered by a few raindrops, someone commented that it was so hot that the rain felt quite pleasant?! Ian

Six of us followed the medium plus route to Long Marston and Askham Richard and instead of carrying on to York returned via the pretty villages of Healaugh and Wighill stopping for coffee in Wetherby. Home via Spofforth about 40 miles on a beautiful September day. Gia

### Medium Plus Fast Ride Report

Seven riders signed up for a faster ride to York and Beningbrough and Stephen, Terry, Mike and I welcomed Chris, Bob and Mikhail along. A swift start to Rudding led on to a more (thankfully) leisurely but insistent pace toward York with a quick break and photo at Marston Moor. Passing a lively Cycle Festival in Rowntree Park we decided to take our pit stop at Beningbrough where the service was in Terry's view, more cordial than usual. Unusually the wind was in our favour on the way back to Harrogate, however our sense of direction was not, and we returned via Whixley Lane, A168, A59 and then Goldsboro. A very enjoyable run out, and back for 2pm, with 58 miles under our belt. William

### Long Ride Report

Eight people joined the long ride to Ampleforth today on what turned out to be an almost perfect summer's day. Heading out through Boroughbridge to Hutton Sessay, Carlton Husthwait, Kilburn & Byland Abbey, arriving for lunch at Ampleforth Abbey just as the tearooms opened. It was then a brisk pace back through Nunnington, Hovingham, Brandsby to Easingwold for the second café stop. Martin & James headed straight for home while the remaining six lingered over tea in the garden. Afterwards it was home via the familiar route over Aldwark Bridge making our way back to Knaresborough & home. A good ride of 74 miles with great weather & views & good company. Jill



