



Poddlers Ride Report

Firstly all the Poddlers would like to send our best wishes to 'Electric Pete' who is in hospital after recently been taken ill while on holiday. We all hope he makes a speedy recovery and be able to join us again soon. The weather was good with autumn sunshine, light clouds but cool and forecast of gentle winds later. We were all pleased to see Linda had come even with Peter in hospital only to find to add to her woes she had a puncture as we were about to set off. John, Max and Glen set to the job of fixing. After slightly delaying the normal Poddlers prompt 9.30 start, a quick count indicated 18 in total, we decided a first group would set off at slow pace to Spofforth where we would then wait for the others to catch up. Down through the showground and up round Rudding Park, then over to Hags Road and gentle ride down into Spofforth where we the stopped for others to catch up. Not long before Max at great speed on his new steed came round the corner with others in hot pursuit. With a short rest for them to recover from Max's pace, we set off again along Deighton Road to Walshford (via cycle track) Hunsingore and Cattle. Over the bridge and regroup only to find the two Johns, Linda and Alison had decided to take a shorter route back (some accused me of loosing them - we will have to wait and see - I am confident with the two Johns in the group they would get back - or should we start other rumours). On past Tockwith business park, Rudgate cross roads, Walton, down past Thorp Arch trading estate and onto cycle path into Wetherby. As we regrouped on the cycle path to Spofforth and took in liquid and refreshments it was pointed out that someone in the main peloton on the run in to Wetherby had asked where we were. An immediate response had come from Trevor giving details and timing to get back, this had amazed Caroline who feels it must be a first for Poddlers and Trevor. On we went via Spofforth and Follifoot where we regrouped again, all were happy for me to peel off at this stage to Knaresborough having agreed to hand over the lead to Trevor and due to the earlier

incident all comfortable they would get back via minimal hills and exertion.

Great ride, weather and company - Total 14 cyclists at 31miles and 4 cyclists at 22miles. Steven

Click on slide show for all today's photos

Wheel Easy Ride Report

I think there were fourteen of us heading off towards Masham stopping for some good chat with the EG's on the way. Great to welcome Darren and Jill who were having a well deserved day off and they certainly chose a fabulous day. Richard led a few astray, well he wouldn't agree with that but his bike loves bridleways and Dave R and Julie duly followed. Our first coffee stop was at Spa Gardens then on in the sunshine and getting warmer we rode to Masham via Galphay, Grewelthorpe and a few of us rode up past the Himalayan Garden towards Ilton and Swinton. A great route. After lunch we came home via Snape with a following wind, sun in our faces and for us at some speed. Julie, Richard and Dave R we think went to Lofthouse. Nice to meet up with the EG's at Sandy Bank and catch up with our day.

Great October day, super company and one of the best rides in our repertoire! 14 x 62 miles. Gia

Richard took the blame (from Julie) for the Occaney bridlepath mud, but allowed Dave to take the Nutwith blame. But we all were well rewarded on the mainly new road surface over to the blue reservoirs and down to Lofthouse , which still has a few (not yet stolen) iron gratings . Pudding at PB and back early enough to wash the bikes. A glorious bright day with superb views and riding. 3 x 61. Richard

EG's Ride Report

The day dawned good. The forecast was good and it felt good with a little nip of Autumn in the air. As the EG`s waited for their numbers to swell the Wheel Easy Wednesdayers arrived. Dave P had a new Cannondale out for the first time and Martin had his new Litespeed, so the obvious thing was a quick swop for a tootle round Waterside, which of course is a Wheel Easy ritual for new bikes. Paul T expressed his admiration for the Cannondale but as a life long Sunderland supporter could not extend this to its black and white colour scheme, or anything else that reminded him of the Geordie Black & White Barcodes. The WEW`s were soon away to Bedale, the EG`s decided to head for Easingwold via either Benningborough or Boroughbridge. When put to the vote Boroughbridge, Tasy Snacks Cafe and Sonia won hands down. On the way Norman took a turn on the Cannondale to give it his seal of approval. Fourteen EG`s and one solitary customer squeezed in to the cafe, the said customer when asked he he wanted a salad with his order, declined, as he refused to eat anything healthy. He was immediately asked if he wanted to join the EG`s. After refreshment Norman and Terry (nursing a knee ligament) left us to return via Ripon. The remaining twelve (higher mathematics again) comprising Bill, Colin, Dave P, Dave W, James, John E, John R, Peter B, Peter J, Rob, Theo (on fixed) and Roy headed for Easingwold, but to avoid arriving at their busy time took a detour to Crayke via a house called the Rising Sun (with someanimals?) if you are not of a certain age thats wasted. Then in to Temptations cafe via the back entrance and a warm welcome from our waitress. After a pleasant lunch and a mental challenge of trying to tie a neck warmer to look like a pirate (not prat ?) it was back via Alne and Aldwark Bridge with a banana break at Branton Green then on to Knaresborough meeting up with the WEW`s at Farnham and Harrogate. Fantastic cycling weather mileages say 12 x 55 miles = 660 miles. 2 x say 36 miles = 72 miles. Dave P

2011 Wheel Easy Miles (approx) Today 1814 YTD 144726



