



### Poddlers Ride Report

The Poddlers set off promptly though there was a slight delay as Caroline had to meet a male shorts model at Woodlands. 13 soon arrived at Low Bridge to say hello to the EGs then set off in a disorderly fashion to Little Ribston and Cowthorpe. They then turned right down Rudgate Lane towards Thorp Arch where Trevor and Dennis left us to go home while the rest passed through Wighill and on to Tadcaster. Here they had been promised a loo stop but the one in the bus station cost 20p and a voice told you what to do and when! The one behind the bike shop was boarded up but never fear Geraldine chatted up one of the locals (see Photo!) and a loo was found behind a pub! With longing looks from some as the breweries were left behind we followed the Roman road until the gas board suggested we followed a diversion towards Stutton and twice over the A64. 10 of us followed their advice. We soon met up again and headed into Bramham where we realised we had lost Joe. Fortunately he soon turned up after help from a passing motorist! Then after Sur John set off and surged on it was easy going following the A1 cycle track to Wetherby, where coffee was declined, and then the old railway track to Spofforth. Here while one group were waiting for another to finish their gossip a member decided to entertain them by skidding across the grass and descending from his bike in a spectacular fashion! (hope you are recovered John and no lasting damage) At the bypass there was a delay while Queen Caroline decided to entertain her 2 male bike mechanics! She paid her penance by volunteering to make the Rudding lane traffic light change colour. The weather was very good to us staying dry and the wind not as bad as we expected. We got back just in time hopefully for 2 ladies to beautify themselves before a 3pm assignation. About 40 miles for 11 (plus 2 at a bit less)- sorry about that but bike router and my piece of string did say 35miles! Liz

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### Wheel Easy Ride Report

Caroline arrived this morning with some very snazzy sample Wheel Easy shorts and then left to meet Martin to hand them over for examination! She then accused us of kidnapping Steve P to join us but he seemed quite willing.

So the Poddlers left with great purpose, Dave R, Richard, Stewart and Julie headed off towards Pateley, Martin muttered something about the wind and building new bikes which left the rest of us with the only sensible option but to find a route to take us to Sophie's!

Malcolm was very keen that we should try his route taking in Kettlesing and Tang which we did having arrived there via Stainburn and Menwith. Many had never ridden down this route and we sailed in to Hampsthwaite with the wind on our backs. Jon P was in fine form having ridden 700 miles over the last three weeks,

Max was on his brand new dark green silver steed, Bridget wearing her new shorts, Angela fresh from a 90 mile ride on Sunday and the rest of us, Malcolm, Paul and Gia just trundling along.

Lovely morning ride, back before the wind became too fresh 25 miles x 8. Gia

I thought we could get to Pateley even with the wind and see from there. So we did via Forest Moor Signals and Yorkes Folly. 5 for tea and faint Stewart decided he had to race Chris back, ( his pb to beat was 55 minutes in the rain last time).Dave Julie and Richard continued up to Wath with no wind and then up and up trying to outpace the runner, we won as the wind helped us. Over the moors and "just a pleasant undulation" round Ringbeck and into Masham to enquire about Border Cafes new van (last weeks episode). The wind took charge and left us little mercy on the dash back home. 3 x 58m, 2 x 33 3300 ft. Richard

### EG's Ride Report

It seemed strange sort of weather as the EG`s began to gather at Low Bridge, weather forecasts can't be relied on, hot? cold? but it was definitely windy. More cheery good mornings as a goodly number of Poddlers arrived at the bridge. Caroline had some queries on men's shorts?.Had she lost the bit of paper with their inside leg measurements on? Was she going to have to measure again?.But they were all away before the EG`s could get excited (which can take a while).The wind direction suggested that the ride should be to the North or South, remembering Paul T`s ride to Roundhay Park and the excellent cafe stop at Waterloo Lake, the decision was taken to head south. So the baker's dozen, Bob, Colin, Dave P, Dave W, Dave S, John E, Norman, Peter B, Peter J, Rob, Roy, Terry, and Theo headed for Wetherby, the B6164 can be busy and bendy so the pelaton split into three groups of four and a bit riders. At Wetherby, the bikes being on auto pilot turned in to Morrisons cafe of their own accord. Riders were warned that serious snacks were to be taken at the next stop, despite this warning one rider succumbed to a bacon sarny. On leaving the cafe we met Keith, looking carefree and relaxed having sent Helen out to work. Then on to Linton and Collingham, the A659 to East Keswick and Slaid Hill, here Bob left to return home, then the swoop down to Waterloo Lake and the cafe. Cheap it isn't, but the quality is good, a couple of EG`s who can remember the dim and distant past could recall the best you could hope for was a mug of weak tea and a stale sandwich from the said cafe. Here Norman in a flash of genius devised a novel method of using railings as a bike stand. After sustenance we retraced our tracks to seek out the castle type folly, on asking a lady directions, it was undecided weather she had said "you`ve gone past it" or "you look past it". After a photo shoot, Terry said we might pick up some chicks ? on the way back, good idea said Theo , I hear they are going cheep, a warning was given, and he was no further trouble. Then it was back via Eccup (or Esholt according to DW) Weardley and Kirkby Overblow. A nice mediumish ride the latter part in sunshine with the wind on our sides with a few times behind us. Mileage say 12x 38 miles = 456 miles.1x 30 mile = 30 miles. A plug from John E.

The fit section of the EG`s are organising a 100 miler from Low Bridge, on Friday 7th October ALL VERY WELCOME ,meet from 7-30 am for 8-00 am depart. Dave P

2011 Wheel Easy Miles (approx) Today 1636 YTD 138809



