



Poddlers Ride Report

"Somewhere the sun is shining" (Charles K Harris)

... and we Poddlers knew where as fifteen left Hornbeam for the dizzy descent of Pot Bank and the rapid ascent to Penny Pot. The weather was glorious which made Liz re-think her tomorrow's plan to take Caroline on a, "I have a phobia about Pateley Bridge" ride. One of the wonderful things about Wheel Easy is the revealing of one's tensions and worries - thus the Pugh Therapy for Caroline. By the time, we had hurtled to Penny Pot Lane, tomorrow's dubious weather forecast had been considered and the Tenacious Two had decided to break from us outside Menwith Hill and head for P B today. Great was the leavetaking as fourteen (Surge-on had returned to Harrogate earlier) assembled to wave farewell - Wheel Easy tops were removed and waved and the bereft Max was caught waving a tear-sodden valedictory hankie as his beloved cycled gleefully off into the sunshine...

The remaining twelve managed to push on to Hampsthwaite. A quick discussion about Sophie's gourmet temptations ensued but as several of us had to be home by 12 30ish for various reasons including work for poor Robin, we reluctantly sped upward and onward. There was a slight scone-ish waver from Geraldine and Joe but they decided that perhaps home to unpack from their recent trip to Malawi might have to take precedence over Sophie's lavish promises. This was very conscientious because their Wednesday presence was due to retirement - hurrah! We reached our various destinations after 23 miles of sun and fun and managed an overall average of 10.5 mph.

Thank you everyone. Sue D

PS Texts from Caroline and Liz confirmed their arrival in Pateley Bridge - the jacket tatties in the Auction Mart sounded pretty yummy!

The Poddler's care in the community phobia busting ride.....an extension of Sue's ride to Menwith. Care in the community psychiatric nurse, Liz kindly agree to rid me of the Pateley Bridge phobia I have been harbouring for 55+ years, and show me a route to Pateley Bridge which would not kill me.....We went a up several hundred 40% slopes and absailed down into Pateley from York's Folly for a lovely lunch at a delightful cafe in the auction mart, in glorious weather ably lead by my care in the community nurse. My view of Pateley has not altered and any and every upwards aspect of Yorks Folley has to be regarded as devil's territory. Thanks Liz, a very satisfying day. 35 or so miles, up 9million metres, at 2 miles per hour. Caroline

Click on slide show for all today's photos

Wheel Easy Ride Report

It felt warm and humid from the off at Hornbeam and we set off across towards Beckwithshaw towards Timble and Ilkley. Sarah was proudly wearing her triathlon T shirt and was rumoured to have never taken it off since Sunday's event. It was soon clear there was going to be a faster set led by Richard and he and his group stormed the hills and made it to the Avanti Coffee Bar in Ilkley before us.

By special request of Sue we were now to take on the North Face of the Eiger (sorry I mean Ilkley Moor) and it is quite a hill with a sharp kick up at the end. Figures were spotted on the rocks through the sweaty mist descending across our eyes as we recovered at the Cow and Calf Inn and then headed off towards Burley Woodhead and Menston. At this point Angela invited us to her new house at Bramhope promising that it was an easy flat ride - Ha! Well it is flat when you get to the top of the Chevin Road and the views were fantastic. Keith then turned downhill to go directly home and we pressed on to Bramhope.

The visit to the Prescott Manor in Bramhope was a treat as we lounged on luxurious chairs and enjoyed our lunch. Angela's super cat, an English Short Hair, enjoyed our company, and not only was the house beautifully colour co-ordinated but the cat matched it as well. Rolls of distant thunder greeted us as we left but we were soon around the lanes of north Leeds and down at Harewood Bridge and then returning home via Kirkby Overblow. A steamy hot 45 miles by 7 riders. Martin W

Having eaten in Ilkley Dave x 2, Stewart and Richard climbed up bahtat in the heat to Menston and downhill to Chevin cycles. Rested in the sun at Wetherspoons watching the world go in / by, but not the rest of the group. In spite of the extra drink Dave R found no other takers for a hilly way back, it was hot, though when we found the road closed at Leathley we blamed him but got through anyway. Castley and then a different way way through Huby with every tractor out, a wrong turn downhill so back via Kirkby Overblow. 3 at 46miles probably Dave R similar, 3 did 2800 ft , enough in the heat and 2 flashes of lightning DR presumably more. A good newish ride. Richard

EG's Ride Report

It was a bit quiet at Low Bridge, no WWW` s or Poddlers. Eventually the EG numbers built up to 13 (oh no) thankfully we made 14. We had two new riders Paul (the Moulton) and Marvin. We had a message from a founder EG (Ken Dickinson) that he was riding to Easingwold with others and could we meet up. The information was somewhat limited, but we estimated that he would reach Easingwold by lunchtime. The route chosen was Aldwark Bridge with a cafe stop at Beningborough Home Farm Cafe. In order to prevent cafe shock, we sent our team sprinters ahead to warn the coffee makers we were on our way. On arriving they were seen sitting having their coffee and snacks, having arrived seven minutes 45.5 seconds (approx) according to Eric before us. After refreshment and a photoshoot, Bob headed to Harrogate (he was recovering from a stomach bug). The remaining 13 Bill, Colin, Dave P, Dave W, Eric, Marvin, Norman, Peter B, Peter J, Paul (the Moulton), Roy, Terry W, and Theo (the Fixed) headed for Shipton, Sutton-on-the-Forest, Crake and Easingwold. It goes without saying that before this Norman had ridden the Moulton.(this is done with all new bikes). We are most glad his main interest is in bikes and not women, as he would most likely ask to assess the qualities of the EG` s wives. At Easingwold DP, Norman and Terry seached Easingwold for Ken while the remaining EG` s entered Temptations cafe, to be joined later by 3 EG` s not finding Ken. Marvin had been to this cafe before, he was also familiar with "Dunnies" in fact he can make his own tea in Dunnies, for which he

gets maximum street cred points. After lunch the three founders again searched Easingwold for Ken but with no joy.(an evening phone call revealed we had just missed him). Then it was away to to Boroughbridge via Raskelf. In Boroughbridge tea was offered and was taken (what a stupid question to ask) and refreshment was taken outside in the sun. On one table Theo(the fixed) told a golf joke, from then on things deteriorated. (mummy mummy why are those old men laughing all the time). The pages have often been used for items for sale and items wanted. Terry W would like a little black number with matching accessories, confused ? All will be revealed, hopefully not to much, depending on how small the little black number is.

A "summers" day cycling around 64 miles (for some) and lots of jokes (not for printing). Total miles Say $13 \times 61 = 793$. miles. $1 \times 35 = 35$ miles . Dave P.

2011 Wheel Easy Miles (approx) Today 1458 YTD 106869



