



Poddlers Ride Report

12 members of the poddlers cycling, social and debating society eventually set off from Hornbeam very shortly after 9.30.a.m. Welcome to a new member, Helen who along with several others of us claimed lack of cycling fitness due to not having been on our bikes for a while. A relatively easy route was therefore the order of the day. Through Harrogate and down Luchon Way cycle path to Coppice then up to Penny Pot Camp via the less steep Jennyfields/Ethelburgs's route. Burley Bank Road and across the A59, cutting down West Lane and popping out onto Hollins Lane above Hampsthwaite thereby avoiding losing too much altitude. Steven's vivid account of his recent trip to see some of the mountain stages of the Tour de France enabled us to visualise incredibly strenuous hill climbs whilst avoiding them ourselves. Caroline, having recently returned from holidays "sur le continent" returned home to valiantly assist Max with unpacking the Caravan and looking after grandchildren. Sur John also surged on home to leave 10 to circumnavigate Killinghall via Crag Lane and head up the A59 to Ripley roundabout, right towards Knaresborough and then a loop via Nidd. Through Scotton and Scriven, Steven headed home in Knaresborough, down Bond End and up the Col de Harrogate Road and return. 22 miles. Dave Griffin

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Wheel Easy Ride Report

For some reason I had the idea in my head that a longer ride was required in view of the fact that a few of us were getting in to the habit of "having to get back for something" and the forecast was

reasonable. So I asked Paul and Martin for some ideas of a ride of about 50 miles. Masham-Leighton Reservoir-Lofthouse-Pateley Bridge was the suggestion. 13 of us opted for the ride and after dealing with punctures and dodgy gears (helped admirably by the EG's) we arrived in Masham for lunch. EG's note, this was our first and for some only stop! Great climb up and down to the reservoir and then over the moors to Lofthouse. Julie, David, Richard, Robin and Kerrie left us for dust at Masham stopping in Pateley for tea. The rest of us (Martin excluded) all realised we had something to get back for! So we raced to Pateley and on to Hartwith Toll Bridge. At Hampsthwaite, Malcolm, Paul, Bridget, Gia and the two Sarah's stopped for tea, while Martin escorted Sue back to Harrogate. Great ride, great views, challenging but well worth the effort and great company. 13 x 60 Gia

EG's Ride Report

Grey skies, but at least it was not raining, as the EG`s gathered at Low Bridge, soon to be joined by Martin and the rest of the Wheel Easy Wednesdayers, but no Poddlers, Caroline having been seen earlier. Away went the W E W`s, the EG`s remained to await further arrivals. Bill had sent his apologies, he was visiting his children down south, enjoy the visit Bill, and accept our sympathy for having to travel down South. Bill and Roy had notes from their Mums, and Norman had slept in ????. Eric made it on time after having his heavy breathing exercise and Norman was seen sprinting on Waterside to make it for 10-5am. Then away went the ten EG`s heading for Boroughbridge, on the way Colin who had been on the high seas for three weeks, found he had left his bum bag at Low Bridge (the mark of an EG) returned to be paced back to the peloton by Eric. A group of W E W`s were met at Farnham, where the puncture fairy had been unkind to Martin by giving him two. Norman stopped to give a short maintenance course to Malcolm M, and 50 lines lines for having a dry chain. (James waiting for Norman). A second group of W E W`s were just further on about to head for Ripon, the EG`s making for Tasty Snacks Cafe to await the other four EG`s. After all were safely gathered in, fed and watered, Bob returned to Harrogate (he had had a few hard days), this of course was an excuse, he just didn't want to ride through Cundall again.. Over the bridge Norman and Terry turned right for Milby, Colin, Dave P, Dave W, (Eric following later), James, John E, and Peter J headed north to Cundall and Topcliffe. At Dalton a decision had to be made, route via Sessay or Bagby (Bagby & DW won), so on to Bagby and the model railway(the EG`s being only grown up boys). After Bagby to route to Coxwold got a bit lumpy, and the spotted jersey was fiercely contested, as Chris Boardman has been saying over the last few weeks "Why do they have second and third on the podium ? ". Soon it was Easingwold and Temptations Cafe for afternoon tea. Again apologies to Chris Boardman " When the EG`s had to lift me off my bike, I knew I had given my all". No dainty cucumber sandwiches for the EG`s , it was beans and chips a plenty. We knew it was an EG`s ride when we had to count the number of bikes to see how many there was of us. (I am not joking). Eric was very impressed with Colin`s fitness after three weeks at sea, this was put down to Colin`s yacht`s engine being a Pedalo, it was quite an uneventful voyage, he did not have to flog or keel haul anybody or even worse hang or marry anybody. After an excellent snack ??, it was on to Alne and Aldwark Bridge with a banana break taken at Branton Green, here we met a nice young lady waiting for the bus, which she missed. Was this because she was enthralled by the EG`s ? or was it due to the MP3 thingy stuck in her ear? we will never know. Then back to Knaresborough and Harrogate. A good days cycling, it had to be it was dry. Mileages say 7 x 63 miles ave = 441 miles. 1 x say 25 = 25 miles. 2 x not knowing where they went or what they got up to say 35= 70. Dave P

2011 Wheel Easy Miles (approx) Today YTD 102832



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