



#### Poddlers Ride Report

Three intrepid ladies advised me they would not be joining us this morning as they needed to cycle further in preparation for their Ireland cycle ride around the Antrim coast area later next month. Weather was good if not slightly cooler than of late and we set off prompt 9.30 sweeping up another lady who will remain nameless as we joined Hookstone Rd. This made up 9 riders in all. Knaresborough (Low Bridge) - Abbey Rd - Farnham - Ferrensby - Arkendale and surprise surprise 3 ladies hot on our wheels but again went their own way at Marton cum Grafton - Boroughbridge café stop option but only loo and banana stop requested. At this point a nice lady referring to us Poddlers as looking very professional asked our opinion on bikes as the one she was riding had been borrowed from a shop for her to test ride - must be a first for Poddlers this !!! Of course we were all keen to live up to her opinion of us but I think we totally confused her. On to Roecliffe for photo shoot outside the Crown with the two permanent residents sat outside - Copgrove - Farnham - Lingerfield - Scriven - Knaresborough - total 30miles. Steven P

#### Poddlers Plus Ride Report

3 Poddlers are off soon on a cycle tour of the Antrim coast and in an effort to get fit decided to do 50 miles today (and tomorrow). On arrival at Hornbeam Lynda announced that she had to be back for 2.30pm so off they dashed at 9.25 causing consternation to late arrivals! An emergency stop at Chain Lane Co-op meant that the Poddlers passed us so our emergency plan of waiting for them if a puncture occurred was lost. We diverted via Scriven but then caught up the tail end of the Poddlers at Arkendale so were able to indulge in a bit of chat until they left us at Grafton. Soon it was over Aldwarck Bridge and up to Beningbrough where we expected a quiet farm shop but found Gia and the faster group

waiting for us. After a coffee and photo stop we started on our return with a slight diversion on to route 65 to Youlton, looking out for but not finding Bridget though fortunately Gia did. We retraced our route back to Knaresborough where Lynda headed straight back while Sue and Liz did a tour of Knaresborough and Starbeck until we had done 50 miles. Liz

Click on slide show for all today's photos

#### Wheel Easy Ride Report

Glorious day, Beningborough and York suggested so off we went. Apologies to Angela who lives in York and comes over on the train but the company and the weather was good enough compensation. There was some consternation as a call from Cockpit Farm for a ram impersonator was required urgently for the Friday wedding celebrations. There followed much ducking and weaving from a certain three gentlemen, including the AV system but nobody understands how it works, the tossing of a coin was refused, but most people seem to think that a Welshman would fit the bill very nicely!

Anyway nice run to Beningbrough with Bridget chasing us and finally catching us at Rowntree Park. We didn't have a great reception at the Farm Shop which is unusual, much grumbling about us all arriving at once and how dare we ask for mugs of tea or coffee! Ah well, the sun shone and we sat outside and these are small things in the great scheme of life. Bridget at this point was still in hot pursuit, Lynda, Sue T and Liz arrived looking in great shape on their 50 mile training ride and finally we set off for York. Café stop in Rowntree Park where our heroine Bridget finally caught us! Nice fast run home with a following wind. 60 miles, great company as always and welcome to Chris who joined us today for the first time. 60 x 12 Gia

#### EG's Ride Report

The day started rather cold (well it did on Harlow Hill) but with the promise of good weather, on the ride down to Low Bridge some of Wheel Easy riders could be seen gathering in Hookstone car park, then soon to meet Sue (of the two bricks ) Threadgold and her team on a training run ready for their Tour de Nord Irelande. Where are you heading said Sue to the solitary EG, thought Home Farm Cafe Beningbrough might be on was the reply, OK might see you there then said Sue, and the team sped away. Next to arrive were the Poddlers, and a discussion on videos held (no not that type, funny ones) then they sped away, Were they going to Home Farm, no good asking the said EG, his memory is not what it was. Then Martin arrived with a goodly number of riders, perhaps a bakers dozen and then some. Where are you going was the question, we thought Home Farm, Beningbrough was the answer, ah that's where we are going was the reply, might see you there. After some delay Martin's group departed. Martin was in need of a good "wipper in" to get bums on saddles and shoes in cleats. The EG`s as usual waiting till the stroke of 10 and a bit to get the full complement of eleven. As it looked like the whole of Wheel Easy might descend on Home Farm Cafe and cause panic amongst the staff, therefore Dave Watson`s suggestion of Taddy and Tykes Tearooms was agreed on.

So it was due south to Little Ribston, Cowthorpe, Rudgate, Wighill and Taddy. The Tearooms were quite busy with what looked like a Creche in the back room. Before ordering the question was asked was this a meal or a snack stop. Here one EG proffers his abject apologies as he feels Eric might have been misled as the reply was a snack stop, however no other stops were made except for a banana break.

At Tadcaster we were left by the two Johns ( E & R ) the former to prepare for his evening time trial. The remainder, Bill, Colin, Dave P, Dave W, James, Norman, Peter J, and Terry headed for Askham Richard and a banana break in the sunshine and cherry blossom beside the duck pond, then on to Tockwith, Cowthorpe, Knaresborough and Harrogate. A superb day's cycling with sunshine, a very slight chill in the air, a kind wind, and thanks from the two convalescents riding today for the reasonable pace. Mileages 2 x 40 miles = 80 miles. 9 x 47 miles = 423 miles. Dave P

2011 Wheel Easy Miles (approx) Today 1563 YTD 55763



