

Wednesday, July 21, 2010

Wednesday Rides



Poddlers **Ride** **Report**
9 Poddlers, including one for the first time, left Hornbeam with Crawford leading, Dennis as back marker and the 2 Johns shepherding the 5 ladies whom it was allegedly said chatted too much! The weather was overcast as we set off but it remained dry and the sun came out later. We passed through Pannal and then climbed a number of hills to Kirkby Overblow. From there the hills were more spread out as we sped through Sicklinghall and then on to Wetherby. There a slightly longer coffee break was allowed as a saddle had parted company with its bike. Thanks to the expert mechanics in the party a temporary repair was soon made and we set off back along the railway track to Spofforth. Here John left us to rush back and shortly after most of us had a rest while we watched a puncture being repaired. Onwards through Follifoot to the ring road where we broke up into smaller groups to find our way home. An enjoyable, sociable ride with plenty of laughs of about 20 miles even though we did arrive home rather late for lunch! Many thanks to those who organised it. Liz P

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Wheel **Easy** **Ride** **Report**
Eleven riders set off towards Darley via Beckwithshaw, where we met up with Martin for coffee and refreshments. After refreshments Gia, Martin and Sue headed home and Richard and Malcolm led a group each towards Pateley Bridge via Yorke's Folly. From Pateley Malcolm led Yvonne, Tony and Paul on a climb to Brimham Rocks and then 'free wheeling' to Ripley. From Ripley Yvonne made her way home and Malcolm, Tony and Paul headed towards Café Culture. Well done to Tony who enjoyed his first Wheel Easy outing and did extremely well on his mountain bike. A great 35 mile ride! Paul

From Darley Mill Dennis, Peter, Ed and Richard continued their plans with another 1200 ft of climbing over and down Yorke's Folly which was awash with rocks from last night's storms, and a

fast pace to Angram which was exactly half way at 30 miles (cum 1900 ft). Fine sky's and a filling reservoir, then all down hill for a late lunch in Pateley and back main road to Hartwith bank crossing over Nidd with a good flow and home for 4. Avd 13.5 and 2700 ft climbed. Richard

EG's Ride Report
 Tuesday had been to put it mildly very wet, however Wednesday looked promising and ten riders set off south from Low Bridge to Thorpe Arch trading estate via the cycle path for tea/coffee, toasted teacakes and old folks discount. Dave W was given a rusk with his milk (well a biscuit anyway). After refreshment Bill left us to return to Harrogate, he had a bank appointment. (what was the balaclava for Bill?). The remaining nine riders then headed for Bolton Percy, on the way Norman impressed us with his riding skills by cherry picking (literally) whilst on the move. At the railway bridge a group of train spotters (not one under 60) were waiting for a steam train, so there was no way we could continue until we had seen it pass in all its smokey glory. A brief stop was taken at Acaster Selby to see if the river was flowing North, no it was not, did Dave P actually see this in the past? Then through the old airfield to pick up the cycle path into York. Here more refreshment was taken at Rowntree Park Cafe in the hot sun, though some preferred to sit inside in the cool shade. Then it was on the cycle path to Shipton, the short diversion still being in place near the Youth Hostel. On the way to Beningbrough Peter B was consumed with a terrible hunger for cake, so another stop was made at the Home Farm Cafe and the cake was well worth stopping for. Then back to Harrogate via Aldwark Bridge and Ferrensby. The weather had been great, however approaching Harlow Hill black clouds could be seen in the distance, after only being inside 10 mins or so the heavens opened. We were very lucky! Max mileage (those living to the West of Harrogate) around 65 to 67 miles. Amount of calories consumed (not available for general publication). Dave P

2010 Wheel Easy Miles (approx) Today 1311 YTD 83572



