

Wednesday, June 3, 2009  
**EG's and Evening Rides**



[See Eric Waters blog and photos](#) of his 1000 mile charity ride from Italy to Harrogate.

After the weekend heatwave five riders (Bill W, Colin, Dave P, Dave W back from injury and Roy) stood somewhat chilly at Low Bridge. Some had even gone so far as to cover up their knees.

Ten o'clock and it was off to Boroughbridge, the weather bright and sunny but with a chill in the air. The bright weather fooled some of us in to divesting ourselves of windproof gear but only to replace almost immediately.

Tea with the Ladies in Minskip village hall, then on to Aldborough. A "banana break" was taken at Great Ouseburn for drinks and own snacks, then Aldwark Bridge, Linton on Ouse, Newton on Ouse, through Beningbrough Park towards Shipton, then on to Overton to join the 65 cycle route near Skelton which took us in to York and a pleasant little cafe near the Clifford Tower.

After a nice lunch two riders decided to avail themselves of large portions of disgustingly delicious cake, after which one rider was heard to remark "its about this time of day I usually have a nap", but its no rest for the wicked or the EG`s and we were soon on our way to the Millennium Bridge. Then on via the cycle path to Askham Richard, Tockwith, Cowthorpe, Little Ribston, Knaresborough and Harrogate.

The weather had been kind to us with sunshine, not too bad wind and the slight chill in the air making it perfect cycling weather. Distance Low Bridge to Low Bridge approx 54 miles, however most riders would have done over 60 miles door to door except for Colin who would have done over 80 miles. DP

Six turned up on a slightly chilly Wednesday evening, Jill, Phil, Jo, Jane, Andi & John, on his first ride with Wheel-Easy. The group split with Jane, Jo & Andi heading for Birstwith & a planned pub stop before tackling the hill home. The two groups headed towards Knox Mill together before Jill, Phil & John headed off on a longer route to Birstwith (where they carried on without stopping at the pub), Shaw Mills, Bishop Thornton, Markington, Burton Leonard, Copgrove & home via Knaresborough. Despite the cool temperature, it was a beautiful clear evening with great views & quiet roads - a good evening ride of around 25-26 miles. Jill



