

Wednesday, February 20, 2008

Poddlers Ride Report



Here is the ride report from the poddlers for Wednesday 20th February. Much to our surprise a gentleman awaited us as we gathered for our Wednesday poddle. We decided to do the sloe gin ride, via Calcutt, over the bypass to Follifoot and thence onwards to Spofforth.

We sped into Calcutt, flew up the hill into Follifoot, and positively peddled with great speed into Spofforth, shocking our new man. John informed us that he had seen the information about the group via a link from the BBC North Yorkshire website. The wonders of modern technology!

After a short regrouping stop at Spofforth, we zoomed onwards to Little Ribston, where we had a quick snack of Nigella's Breakfast Bites and thus refuelled really rode, with no trouble and much speed back to Knaresborough, stopping near a café which seemed full of cyclists and lots of tempting treats, for a comfort break. We had been out for nearly two hours at this point.

The decision was made that the Beryl Burton would kill us all and we all managed the main road hill, with less effort than we had imagined. Sue and Lynn being maids of the mountains, and Val as ever being the steady Eddy never once getting out of breath. I am sure we shocked our new man with our speed and amazing fitness and and general sturdy plucky approach to cycling. A beautiful day 17 miles in about 2 and a half hours. Excellent. CG

