

Sunday, October 8, 2006

Wheel Easy! Ride Report No. 23



Tony Dickinson's offer to lead his first Wheel Easy! ride attracted an excellent turnout of 25 cyclists, from junior supporter Oliver, aged one, accompanying his dad Dave, to Crawford, whose age is..... well, you'll have to ask Crawford.

On another golden Sunday, we decided that all would take the same route and split into three smaller and more manageable groups. Those who wanted to would double back early rather than go the full distance. We headed through Knaresborough to Farnham and then up the hill to Arkendale, continuing east until we crossed the toll bridge (free for bikes) at Aldwark, then through Alne to our lunch stop on the green at Easingwold.

After a leisurely and for some dubiously unhealthy but enjoyable snack including buns, crisps and chocolates, we pedalled steadily back on a loop through Raskelf and Helperby to the toll bridge and then retraced our path to Knaresborough. By then we were about half our original number, as other riders had returned earlier for other commitments, such as Sunday roast!

In all we were out for almost 7 hours and covered over 50 miles, most of which was delightfully easy going on the flat and enticing terrain of the Vale of York, and on a remarkably mild and sunny October day.

