

Wednesday, June 28, 2006

Wednesday Evening Ride



Wednesday 28 June 2006 - Summer Arrives!

13 Riders met up at St Winifred's Co-op to enjoy a beautiful sunny summer evening's ride. The intention was to split into 2 rides with Phil leading a shorter ride and the rest of us going for longer, harder ride. We all stayed together as far as Low Bridge at Knaresborough (see photo).

The seven of us going for the longer route departed around Knaresborough, and on to Farnham and Bishop Monkton. It was the first evening ride for Dave and Linda who certainly were on the pace and enjoyed the ride (or at least they said they did!). The group altogether was quick and the momentum when you are all chiming along makes the miles whiz by.

After Bishop Monkton we headed West towards the setting sun and the hills up to Markington, climbing over to Shaw Mills, and climbing over again to Hampsthwaite. The views of the Dales were superb on this still and balmy evening.

Another climb out of Hampsthwaite and then down to Oakdale Bridge and a final climb back up into Harlow Hill where we all went our separate ways.

Martin Weeks

If you want to do the route see the Wheel Easy website. It is the 3rd ride listed - we rode it in reverse on this evening.

Wednesday evening rides start from St Winifreds Avenue Co-op at 6.30pm prompt. The pace is Medium/Fast typically averaging at least 12 mph on hilly routes. If you are not sure of your abilities you are still very welcome and you will get a lot of encouragement. But be prepared to turn back if you struggling to keep up with the pace.

It is an ad-hoc arrangement so rides and leaders are sorted at the meeting rendezvous. Lights are a good idea in case of a gloomy evening or delays. We also recommend taking a full water bottle.